A Educational and Practical Tool for THE FIRST 20 MOST COMMON COMPLAINTS IN Family Medicine

An Educational and Practical Tool for Top Priority Topics in Family Medicine
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Background/Objectives:
As primary health care providers, newly practicing family physicians will have the opportunity to counsel patients about many important health issues. They need to have a good knowledge about all health disciplines, yet when starting practice they have limited experience or exposure in most of the topics they may be asked to offer their expertise in. They go on to rely on different resources that are available to them in their personal medical libraries or search online for different websites of medical governing bodies, medical organizations and associations, and medical databases for Evidence Based Information.¹ Yes, these resources are available, but so much valuable time is lost searching for the information, yet we can’t always answer specific questions² ³ ⁴. Evidence shows that family physicians need to access the most accurate evidence based answer quickly at point of care⁵.

Therefore we decided to design a simple and useful resource of web-based links for family physicians, to accelerate accurate data retrieval in the family practice. Therefore we decided to formulate and design a simple and useful web-based links of resources for family physicians, to accelerate accurate data retrieving in the family practice.

Method and Design:

¹ Use of traditional versus electronic medical-information resources by residents and interns, Medical Teacher;May 2007, 29(4):400-2
² Obstacles to answering doctors’ questions about patient care with evidence: qualitative study, Br Med J, 324:710-713, 2002
⁵ Analysis of questions asked by family doctors regarding patient care. BMJ, 1999; 319: 358-361
Top priority topics were selected based on the CCFP website as cited by practicing family physicians. We also gave precedence to topics based on epidemiological statistics available from textbooks and Statistic’s Canada. We collected our information using electronic Medical databases and North American Medical Guidelines. Our goal is to provide links to available guidelines. We will summarize each guideline available for top priority topics and make this information available in the form of practical algorithms, tables or point forms. We will also provide links to any available algorithms, tables or charts that summarize a guideline.

Each top priority topic will be linked with pertinent information related to evidence-based medicine, treatment, community resources, support groups, nutritional information, pharmacological databases, and PDF files or links of commonly distributed patient handouts.

We will provide a CD format or web page to ensure a simple, useful, updated and easily accessible resource for the family doctors.

Anxiety 12% Of canadians
Depression/anxiety 8% 8
Asthma >=12y.o 8.4% and 12% of canadian 9

\[^6\] http://www.cfpc.ca/English/cfpc/education/home/evaluation%20objectives/default.asp?s=1
\[^7\] http://www.anxietycanada.ca/english/index.php
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